



Covid-19 Risk Assessment

This risk assessment is to enable the club to manage risks specific to the Covid-19 pandemic. It is intended for use for both swimming and land based activities at multiple locations with a number of controls that go above and beyond Government, GLL guidance that **must** be followed at all times.

Name of Club: Hackney Aquatics Club		Name of Risk Assessor: Claire Butler Brown		Date of Risk Assessment: 16 th September 2020		
What are the hazards?	Who might be harmed	Controls considered	Additional Controls	Action by who?	Action by when?	Done

Spread of Covid-19 Coronavirus	• Members	• Current Government guidelines	• Swim England health questionnaire and C-19 declaration	All	Before and for each training session	<input type="checkbox"/>
	• Coaches	• Hand washing including sanitiser at centres	• Appoint COVID-19 liaison for each squad for pool swimming	Committee		<input type="checkbox"/>
	• Volunteers	• Social distancing (1m+)	• Check no temperature or symptoms at home before session	All		<input type="checkbox"/>
	• Parents	• Restricted group sizes (pool sessions ≤36/48, lanes ≤6, land training ≤15)	• Wash/shower at home prior to attending session	Members/parents/coaches		<input type="checkbox"/>
	• Pool staff	• Limit offer to those members least at risk	• Arrive “pool ready” (including toilet)	Members		<input type="checkbox"/>
		• Letter to members and regular communications	• Entry to & exit from centre, deck and pool to be staggered (30 seconds between swimmers and 60 seconds between each group of 6)	Members/coaches		<input type="checkbox"/>
		• Changing protocol adapted	• Comprehensive one-way system around centre, pool and changing area to be followed	All		<input type="checkbox"/>
		• Equipment/water bottles	• No use of changing rooms or showers on entry	Members		<input type="checkbox"/>
		• Rules on pool deck	• Reminders for members to use café bathroom before entering the pool area	Covid liaison		<input type="checkbox"/>
		• Rules in the pool	• Use only marked seats to remove shoes	Members		<input type="checkbox"/>
		• Rules for land training	• Each swimmer to leave bags in own spot on poolside.	Coach/member		<input type="checkbox"/>
	• Regular review of situation					
	• SE rules for use of the starting blocks					

Maintaining social distancing	<ul style="list-style-type: none"> Members Coaches Volunteers Parents/carers 	<ul style="list-style-type: none"> Collection of swimmers by parents/carers away from the entrance Visual signage and prompts to keep everyone >1m apart Restricted group sizes Taped/marked areas on pool deck Agreed coach/swimmer ratios Regular reminders from coaches/club 	<ul style="list-style-type: none"> No parents/carers allowed in swimming pool/sports centre building – one parent only to drop off/collect if possible 	Parents/carers	Before and for each training session	<input type="checkbox"/>
			<ul style="list-style-type: none"> Timings of and between sessions arranged to avoid clustering groups of swimmers 	Coaches		<input type="checkbox"/>
			<ul style="list-style-type: none"> Comprehensive one-way system to be followed throughout centre including entry to/exit from pool 	Coach/pool staff Coach/members		<input type="checkbox"/>
			<ul style="list-style-type: none"> Pre-pool/post-pool activities at home to minimise activities at pool 	Parents/carers		<input type="checkbox"/>
			<ul style="list-style-type: none"> Adhere to agreed pool and lane load, plus allocation of space on poolside for swimmers arriving/leaving 	Coach/committee/ volunteers		<input type="checkbox"/>
			<ul style="list-style-type: none"> Swimmers waiting outside centre to be lined up in groups <6 and all space using markings outside of centre 	Member/COVID liaison		<input type="checkbox"/>

Case of Covid19	<ul style="list-style-type: none"> Members Coaches Volunteers Parents 	<ul style="list-style-type: none"> COVID-19 lead and squad/ COVID-19 liaison to be informed immediately Continue to communicate to members need for vigilance of symptoms Ascertain all who have been in contact with infected person. Agree self-isolation protocols or pause for attendees of that group/ sessions if required. 	<ul style="list-style-type: none"> Follow guidance from NHS track and trace and provide information as requested Full registers of swimmers in attendance at all sessions to be recorded Provide lists of session attendees to Clissold staff on request 	<p>Member/COVID liaison/Committee</p> <p>Coaches/ Committee</p> <p>Covid lead/ Committee</p>	<p>Before and for each training session</p>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Safeguarding	<ul style="list-style-type: none"> Members 	<ul style="list-style-type: none"> Rules for poolside changing and for appropriate clothing/ footwear when arriving/ leaving the pool complex Sign-in and sign-out processes 	<ul style="list-style-type: none"> Agree and communicate guidelines to all 	<p>Committee</p> <p>Coach & COVID-19 Liaison</p>	<p>Before and for each training session</p>	<input type="checkbox"/> <input type="checkbox"/>
Ensuring members do not leave complex without appropriate guardian						
Slips and trips	<ul style="list-style-type: none"> All 	<ul style="list-style-type: none"> Ensure anyone leaving pool area for toilet breaks uses appropriate footwear if passing "dry" zone 	<ul style="list-style-type: none"> Only those swimmers who have reached the standard of the Swim England competitive start award can use the blocks. This allows the coaches to maintain >1m social distancing. 	<p>All/Covid liaison</p>		<input type="checkbox"/>

Date of next review: 16/11/2020 (or sooner if guidelines/risks change significantly)

Risk Assessment reviewed by: Stephen Roberts (COVID-19 lead)

Date: 16/10/20

Risk Assessment agreed by: Chris Ogden (Chair)

Date: