

Improvements Report

Improvement Report
Team Luton March Open Meet
Meet Date: 30/03/2019
Location: Luton,
Report Date: 01/04/2019

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement
AHMED, Ilyas	16	M	Open 100 Back	P			1:03.75L	1:02.44L	1.31
			Open 100 Fly	P			1:03.26L	1:02.24L	1.02
			Open 200 Back	P			2:21.92L	2:18.92L	3.00
			Open 200 Fly	P			2:36.16L	2:21.62L	14.54
			Open 200 Free	P			2:08.55L	2:08.45L	0.10
			Open 200 IM	P			2:28.55L	2:22.19L	6.36
			Open 400 IM	P			5:10.91L		
			Open 50 Fly	P			28.48L	28.41L	0.07
Adams, Sam	12	M	Open 100 Fly	P			1:26.74L		
			Open 100 Free	P			1:10.33L	1:14.90L	-4.57
			Open 50 Back	P			36.25L	38.04L	-1.79
Archer, Thomas	15	M	Open 100 Back	P			1:09.84L	1:06.59L	3.25
			Open 100 Fly	P			1:05.52L	1:05.07L	0.45
			Open 50 Back	P			31.54L	30.26L	1.28
			Open 50 Fly	P			29.52L	29.43L	0.09
Butler Brown, Clementine	17	F	Open 200 Back	P			2:33.54L	2:29.72L	3.82
			Open 50 Back	P			33.52L	33.50L	0.02
Carlton, Fraser	15	M	Open 100 Back	P			1:10.36L	1:10.98L	-0.62
			Open 100 Free	P			1:00.52L	1:02.06L	-1.54
			Open 50 Back	P			31.67L	31.06L	0.61
			Open 50 Fly	P			29.42L	29.76L	-0.34
Celestine, Margot	16	F	Open 100 Fly	P			1:12.92L	1:12.63L	0.29
			Open 200 IM	P			2:38.44L	2:36.71L	1.73
			Open 50 Fly	P			32.55L	32.44L	0.11
Corner, Jago	15	M	Open 50 Back	P			31.70L	31.87L	-0.17
			Open 50 Fly	P			29.28L	30.17L	-0.89
			Open 50 Free	P			27.14L	26.78L	0.36
Costley, Jude	16	M	Open 100 Back	P			1:05.21L	1:02.11L	3.10
			Open 100 Breast	P			1:21.17L	1:19.03L	2.14
			Open 100 Free	P			59.66L	57.71L	1.95
			Open 50 Back	P			29.29L	28.35L	0.94
			Open 50 Breast	P			34.47L	33.29L	1.18
			Open 50 Fly	P			29.63L	27.81L	1.82
Cudmore, Kaia	17	F	Open 100 Breast	P			1:22.06L	1:22.95L	-0.89
			Open 100 Free	P			1:02.68L	1:01.76L	0.92
			Open 200 Free	P			2:19.94L	2:15.16L	4.78

DePeza-Purvis, Marlow	17	M	Open 400 Free	P	4:45.86L	4:46.15L	-0.29
			Open 50 Breast	P	37.88L	36.52L	1.36
			Open 50 Free	P	29.66L	28.86L	0.80
			Open 800 Free	P	9:43.59L	9:43.26L	0.33
			Open 200 Free	P	2:17.79L	2:03.39L	14.40
			Open 400 Free	P	4:44.08L		
Deaner, Tahlia	16	F	Open 50 Fly	P	28.79L	28.34L	0.45
			Open 100 Free	P	1:03.76L	1:03.73L	0.03
			Open 50 Free	P	29.61L	29.50L	0.11
Duckworth, Asher	11	M	Open 100 Breast	P	1:35.68L	1:45.30L	-9.62
			Open 50 Back	P	38.83L	41.63L	-2.80
Duckworth, Ella	14	F	Open 50 Breast	P	38.59L	39.63L	-1.04
Eloidin, Melissa	16	F	Open 100 Breast	P	1:25.91L	1:25.85L	0.06
			Open 50 Breast	P	38.69L	38.50L	0.19
Eloidin, Sean	13	M	Open 100 Back	P	1:17.88L	1:18.98L	-1.10
			Open 100 Free	P	1:04.57L	1:05.69L	-1.12
			Open 200 IM	P	2:44.53L		
			Open 400 Free	P	5:03.84L	5:10.23L	-6.39
			Open 50 Back	P	34.85L	35.42L	-0.57
Ito, Ley	14	M	Open 100 Breast	P	1:19.24L	1:18.47L	0.77
			Open 50 Breast	P	36.95L	36.76L	0.19
Kieskiewicz, Gabriel	13	M	Open 100 Back	P	1:15.65L	1:22.17L	-6.52
			Open 200 Back	P	2:42.80L	2:58.70L	-15.90
			Open 50 Back	P	34.59L	37.41L	-2.82
Lea, Thomas	13	M	Open 100 Breast	P	1:29.09L	1:34.31L	-5.22
			Open 100 Fly	P	1:14.26L	1:16.17L	-1.91
			Open 200 IM	P	2:35.87L	2:43.95L	-8.08
			Open 50 Back	P	33.82L	36.14L	-2.32
			Open 50 Fly	P	32.02L	32.87L	-0.85
McCoy, Ryan	16	M	Open 100 Fly	P	1:01.40L	1:00.69L	0.71
			Open 200 Free	P	2:02.57L	2:02.90L	-0.33
			Open 50 Fly	P	28.64L	27.56L	1.08
O`Toole Douglas, Ruan	17	M	Open 50 Breast	P	36.21L	34.41L	1.80
Ogden, Kai	16	M	Open 100 Back	P	1:06.34L	1:04.77L	1.57
			Open 200 Free	P	2:04.12L	2:04.11L	0.01
			Open 200 IM	P	2:17.12L	2:16.26L	0.86
			Open 400 Free	P	4:25.57L	4:23.62L	1.95
			Open 400 IM	P	4:52.95L	4:50.34L	2.61
Ogden, Mika	13	F	Open 100 Back	P	1:12.70L	1:11.94L	0.76
			Open 100 Free	P	1:03.67L	1:05.00L	-1.33
			Open 200 Back	P	2:30.33L	2:31.12L	-0.79
			Open 200 IM	P	2:40.25L	2:40.21L	0.04
			Open 400 Free	P	5:04.45L		
			Open 50 Back	P	34.32L	34.81L	-0.49
			Open 50 Free	P	29.81L	29.46L	0.35
Pearson, Aoife	15	F	Open 100 Breast	P	1:27.76L	1:23.16L	4.60

Phillimore, Ronni	15	F	Open 200 Breast	P	3:07.03L	3:00.58L	6.45
			Open 200 IM	P	2:42.32L	2:40.18L	2.14
			Open 400 IM	P	5:42.39L	5:48.79L	-6.40
			Open 50 Breast	P	38.30L	39.39L	-1.09
			Open 100 Fly	P	1:15.14L	1:12.41L	2.73
Piedra Ojeda, Bryan	14	M	Open 50 Breast	P	39.76L	37.59L	2.17
			Open 100 Fly	P	1:07.78L	1:07.85L	-0.07
			Open 100 Free	P	1:00.40L	1:00.36L	0.04
			Open 200 Fly	P	2:37.66L	2:45.41L	-7.75
			Open 200 Free	P	2:12.95L	2:15.04L	-2.09
Porter, Llewellyn	11	M	Open 200 IM	P	2:32.73L	2:31.41L	1.32
			Open 400 IM	P	5:28.50L	5:27.06L	1.44
			Open 50 Fly	P	29.75L	29.77L	-0.02
			Open 50 Free	P	28.03L	27.48L	0.55
			Open 100 Fly	P	1:18.44L	1:31.29L	-12.85
Roberts, Isla	11	F	Open 100 Free	P	1:09.83L	1:11.40L	-1.57
			Open 200 Back	P	2:55.88L	3:03.53L	-7.65
			Open 200 Fly	P	2:56.99L	2:59.04L	-2.05
			Open 200 Free	P	2:28.35L	2:33.49L	-5.14
			Open 200 IM	P	2:50.58L	2:48.38L	2.20
Roberts, Marco	14	M	Open 400 Free	P	5:23.46L	5:17.50L	5.96
			Open 50 Back	P	37.56L	38.87L	-1.31
			Open 200 Breast	P	3:10.25L	3:25.49L	-15.24
			Open 200 IM	P	2:50.51L	2:50.93L	-0.42
			Open 50 Breast	P	40.50L		
Silva, Isla	13	F	Open 100 Breast	P	1:16.07L	1:18.67L	-2.60
			Open 100 Fly	P	1:05.69L	1:09.08L	-3.39
			Open 100 Free	P	1:02.07L	1:06.58L	-4.51
			Open 200 Breast	P	2:44.82L	2:54.11L	-9.29
			Open 200 Fly	P	2:27.61L		
Zapryanov, Bozhidar	17	M	Open 50 Breast	P	33.94L	34.42L	-0.48
			Open 50 Fly	P	29.86L	30.07L	-0.21
			Open 50 Free	P	28.22L	29.23L	-1.01
			Open 100 Breast	P	1:23.71L	1:22.08L	1.63
			Open 200 Breast	P	2:59.94L	3:01.13L	-1.19
	13	F	Open 200 Free	P	2:39.13L	2:26.78L	12.35
			Open 50 Breast	P	37.29L	38.36L	-1.07
			Open 200 Free	P	2:12.08L	2:09.08L	3.00
			Open 200 IM	P	2:30.53L	2:28.05L	2.48
			Open 50 Breast	P	34.57L	34.52L	0.05
	17	M	Open 50 Fly	P	30.29L	29.37L	0.92